



This
PERSONAL HEALTH RECORD

Belongs to:

(Name)

My Contact Information is:

Address: _____

Phone: () _____



PERSONAL INFORMATION

(Name)

Is my Family Member and Support Person. He/She can be

Contacted at: _____

(Phone)

I DO DO NOT have an Advance Directive/ Living Will. It can be found at

My Primary Doctor is _____

Phone: __ (____) _____

My Pharmacy is _____

Phone: __ (____) _____

My SCHA Care Coordinator is _____

Phone: __ (____) _____

My County Case Manager is _____

Phone: __ (____) _____

MY HEALTH CONDITIONS



RED FLAG _____

ACTION STEPS _____



RED FLAG _____

ACTION STEPS _____



RED FLAG _____

ACTION STEPS _____



RED FLAG _____

ACTION STEPS _____

QUESTIONS FOR MY PRIMARY CARE DOCTOR

ALLERGIES

OTHER IMPORTANT PEOPLE

My Home Health Agency

is _____

Phone: ____ (____) _____

Other _____

IMPORTANT INFORMATION ABOUT ME

MEDICATIONS & SUPPLEMENTS

NAME	DOSE	HOW OFTEN	REASON