

Healthy Pathways Program Service Criteria & Process

Goals of for the Healthy Pathways Program

- Prevent mental health deterioration to members who have probable mental health diagnosis through early intervention and education.
- Transition service for those who have had other mental health services (e.g. MH-TCM) and now only require maintenance level of service
- Provider transitioning a member to Healthy Pathways from MH-TCM or vice versa, please review the *Healthy Pathways Provider Billing Process*, for billing inquiries.
- Provide mental health programming to members who qualify for MH-TCM but prefer a less formal service.
- Connect members to existing services and funding streams as they become available

Eligible Recipients

Initial Criteria:

- Member is enrolled with South Country Health Alliance
- Member's age 17 and older
- Shows a need for identified behavioral health service, coordination and/or education based on an observed or probable need.
- Submit South Country's Healthy Pathways Notification Form with Healthy Pathways Initial Assessment to South Country via fax at 888-633-4052. South Country must receive this Notification form to initiate payment of service. Forms are located at www.mnscha.org/providers/forms-2/

Continuing Service Criteria Every 6 Months:

- Member is enrolled with South Country
- Member continues to meet eligibility criteria – see above
- Member continues to make progress towards goals
- Complete and submit the Healthy Pathways Notification Form with the Healthy Pathways Assessment for Renewal or End of Services via fax at 888-633-4052 to continue services.

Discharge Criteria:

- Member has transferred to MH-TCM
- Member is receiving other behavioral health services (i.e.; IRTS, ARMHS, SUD Treatment or MH – Outpatient) and is requesting to end Healthy Pathways
- Healthy Pathways services are no longer sufficient to meet the member's needs
- Member has met the goals, and services are no longer needed
- Member requested to discontinue the Healthy Pathways service
- Member is not meeting with case manager at specified intervals identified in the treatment plan
- To inform South Country that member is discharging from Healthy Pathways, complete the Healthy Pathways Notification Form with the Healthy Pathways Assessment for Renewal or End of Services and submit via fax at 888-633-4052.

Role of a Case Manager

Assist member to access and navigate social, health, educational, vocational and supportive services based on the member's priorities, needs and goals.

Healthy Pathways Case Manager Responsibilities:

- Submit the Healthy Pathways Notification Form with the Healthy Pathways Initial Assessment to South Country when a member begins this service via fax at 888-633-4052. [Healthy Pathways Form are located at www.mnscha.org/providers/forms-2/]
- Develop a working relationship with member
- Advocate for member when appropriate
- Referral and linkage
- Monitor and coordinate services
- Develop a treatment plan of services and supports based on member's goals
- Member's treatment plan should reflect
 - Measurable goals
 - Frequency of contact, at least monthly
 - Progress towards goals
 - Identified support system
- Update member's treatment plan every 6 months
- Document all contacts with member and any collateral communication
- Every 6 months complete and submit the Healthy Pathways Notification Form with the Healthy Pathways Assessment for Renewal or End of Services via fax at 888-633-4052.
- At the close of services complete and submit Healthy Pathways Notification Form with the Healthy Pathways Assessment for Renewal or End of Services via fax at 888-633-4052.