More SeniorCare Complete Benefits

Elderly Waiver Program
Available funding for home and community-based services lets you stay in your home longer and keep you as healthy and independent as possible.

Home Care
Includes skilled nursing care, home health aide services, and rehabilitation such as speech, physical, and occupational therapies. Also includes personal care assistance (PCA) services and supervision.

Preventive Care Reward
Members can receive gift card rewards for completing a dental visit, mammogram, cervical cancer, and colorectal cancer screening.

Vision and Dental
South Country Health Alliance covers annual eye exams and new eyeglasses every two years. Members also have access to a broad dental network and receive two preventive dental visits per year, not just one.

Behavioral Health
South Country Health Alliance covers both mental and chemical health services, including treatment for schizophrenia, bipolar, and major depressive disorders.

Transportation
RideConnect covers rides to and from medical, behavioral health, and dental appointments for eligible members.

SeniorCare Complete Eligibility

To be eligible for SeniorCare Complete, you must:

☐ Be at least 65 years old

☐ Be eligible for Medical Assistance

☐ Have Medicare Parts A and B

☐ Live in our service area

How to Enroll in SeniorCare Complete

Call your county's public health or human services office, or call South Country Health Alliance Member Services toll-free at 1-866-567-7242 (TTY 1-800-627-3529 or 711) from 8 a.m. to 8 p.m., Monday-Friday from April through September, and 7 days a week from October through March. Enrollment applications are also available on our website at www.mnscha.org> Programs > Medicare Programs > SeniorCare Complete > How to Enroll.

South Country Health Alliance serves Brown, Dodge, Freeborn, Goodhue, Kanabec, Sibley, Steele, Wabasha, and Waseca counties.

This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information, call Member Services or read the Member Handbook.

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South Country
HEALTH ALLIANCE

Medical Assistance

Medicare Part D *Prescriptions*

SeniorCare Complete (HMO-SNP)

Medicare Parts A & B *Doctors & Hospitals*

A Medicare Advantage plan that integrates Medical Assistance and Medicare Parts A, B, and D in one simple plan.

Better Health Outcomes for Seniors

Minnesota seniors enrolled in both Medicare and Medicaid in one integrated program have better health outcomes than those enrolled only in Medicaid. Adults enrolled in Minnesota's integrated program are more likely to receive primary health care and less likely to end up in the hospital. They also have fewer and shorter hospital stays and are more likely to receive home- and community-based long-term care services.

Source: Centers for Medicare and Medicaid Services, 2016

SeniorCare Complete Perks

A1C Home Monitoring Kit. Members diagnosed with diabetes can receive a A1C Home Monitoring kit and starter set of testing strips. A doctor order is required.

PERS (Personal Emergency Response System). Current members can receive an annual maximum benefit of $300 for PERS not otherwise covered by another benefit such as waiver programs. PERS is a medical alert system intended to support independent living.

Home Delivered Meals. Receive a single daily meal for up to 4 weeks following an inpatient hospital stay. Some restrictions apply, see member handbook for details.

Fitness Reward. Our Be Active™ program rewards you for exercising. SeniorCare Complete members can get up to $20 off the cost of their monthly membership fees at a participating health club.

Provider Network. Our statewide provider network includes most major and local hospital systems. SeniorCare Complete does not have a mandatory 3-day hospital stay before entering a nursing home.
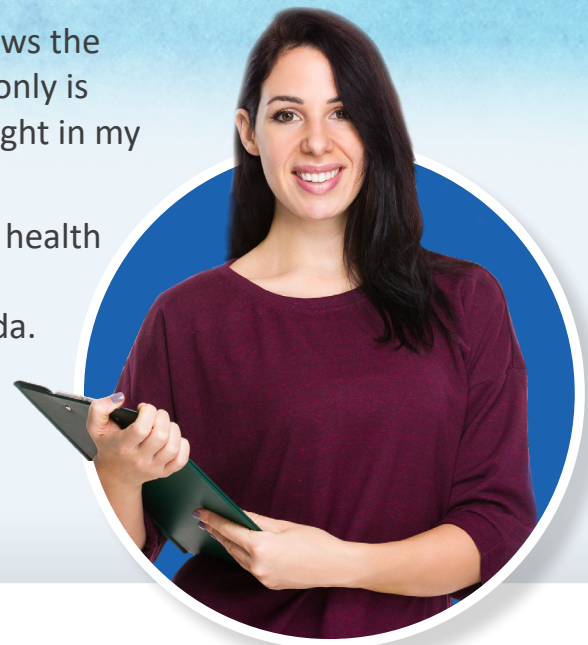
Pharmacy Network. We contract with more than 1,000 pharmacies in the state, including national chains and local pharmacies.

Hi, I'm Susan.

Since I've been a **SeniorCare Complete** member, managing my health care has been much easier.

Before my health plan was combined, I had to call several phone numbers to get help with questions about coverage for my prescription drugs and other medical services. It was hard to remember who I needed to call for what services. Now with **SeniorCare Complete**, I only need to call **one** health plan.

I also have a Care Coordinator who works with South Country Health Alliance to assist me with any questions I have about my health care coverage.

"This is one number, I don't mind calling. Everyone is always so nice and gets everything done"

- Member in Kanabec County

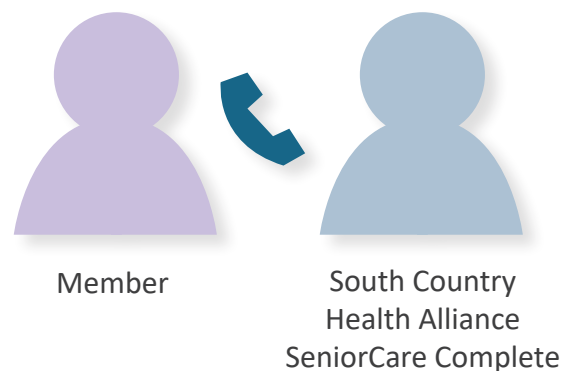## This is my Care Coordinator, Amanda.

My Care Coordinator, Amanda, works in my county. She knows the best health care resources available in the community. Not only is she a phone call away, but sometimes she even meets me right in my own home.

Amanda works with me one-on-one to help me manage my health care services. When I have a question about my health care coverage or need help arranging appointments, I call Amanda.

Instead of speaking to a customer service representative at a large health plan, I can talk to someone local who I know and trust. Amanda helps me set personal health goals that can improve my overall health.

We have two senior programs if you are eligible for both Medical Assistance and Medicare:

Member — **South Country Health Alliance SeniorCare Complete**

SeniorCare Complete

Our SeniorCare Complete program combines your Medical Assistance and Medicare Parts A, B, and D benefits.

Members only enroll in **ONE** plan and need **ONE** phone number for questions about Medical Assistance and Medicare coverage, prescription drug coverage, and other services.

MN Senior Care Plus (MSC+)

MSC+ covers your Medical Assistance, but not your Medicare Parts A, B, and D benefits.

You must enroll in other plans to get Medicare and Part D prescription drug coverage and use their customer service for questions about those benefits.

South Country Health Alliance MSC+

Medicare Parts A & B

Medicare Part D

Member