

More AbilityCare Benefits

Home Care

Includes skilled nursing care, home health aide services, and rehabilitation such as speech, physical, and occupational therapies.

Vision and Dental

South Country Health Alliance covers annual eye exams and new eyeglasses every two years. Members also have access to a broad dental network and receive two preventive dental visits per year, not just one.

Behavioral Health

South Country Health Alliance covers both mental and chemical health services, including treatment for schizophrenia, bipolar, and major depressive disorders.

Transportation

RideConnect covers rides to and from medical, behavioral health, and dental appointments for eligible members.

AbilityCare Eligibility

To be eligible for AbilityCare, you must:

- ☐ Be certified disabled by the Social Security Administration or State Medical Review Team (SMRT)
- ☐ Be eligible for Medical Assistance
- ☐ Be between the ages of 18-64
- ☐ Have Medicare Parts A and B
- ☐ Live in our service area

South Country Health Alliance has two other Special Needs BasicCare (SNBC) programs, SingleCare and SharedCare. For more information about these programs, call Member Services at the number listed below.

How to Enroll in AbilityCare

Call your county’s public health or human services office, or call South Country Health Alliance Member Services toll-free at 1-866-567-7242 (TTY 1-800-627-3529 or 711) from 8 a.m. to 8 p.m., Monday-Friday from April through September, and 7 days a week from October through March. Enrollment applications are also available on our website at www.mnscha.org > Programs > Medicare Programs > AbilityCare > How to Enroll.

South Country Health Alliance serves Brown, Dodge, Freeborn, Goodhue, Kanabec, Sibley, Steele, Wabasha, and Waseca counties.

This information is not a complete description of benefits. Call Member Services, or visit our website at www.mnscha.org.



A Medicare Advantage plan that integrates Medical Assistance and Medicare Parts A, B, and D in one simple plan.

H5703_6119_M AbilityCare (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in AbilityCare depends on contract renewal.

Health care coverage can be complicated.
AbilityCare makes it easier.



Hi, I’m David.

Since I’ve been an **AbilityCare** member, managing my health care has been much easier.

Before my health plan was combined, I had to call several phone numbers to get help with questions about coverage for my prescription drugs and other medical services. It was hard to remember who I needed to call for what services. Now with **AbilityCare**, I only need to call **one** health plan.

I also have a Care Coordinator who works with South Country Health Alliance to assist me with any questions I have about my health care coverage.

“AbilityCare is great!”
-Member in Steele County

AbilityCare Perks

- A1C Home Monitoring Kit.** Members diagnosed with diabetes can receive a A1C Home Monitoring kit and starter set of testing strips. A doctor order is required.
- Preventive Care Rewards.** Get gift card rewards between \$25-\$50 when you complete certain preventive care services.
- Home Delivered Meals.** Receive a single daily meal for up to 4 weeks following an inpatient hospital stay. Some restrictions apply, see *Evidence of Coverage* for details.
- Fitness Reward.** Our Be Active™ program rewards you for exercising. AbilityCare members can get up to \$20 off the cost of their monthly membership fees at a participating health club.
- Provider Network.** We offer a network of providers throughout the state that includes most major and local hospital systems. AbilityCare does not have a mandatory 3-day hospital stay before entering a nursing home.
- Pharmacy Network.** We contract with more than 1,000 pharmacies in the state, including national chains and local pharmacies.

This is my Care Coordinator, Sarah.

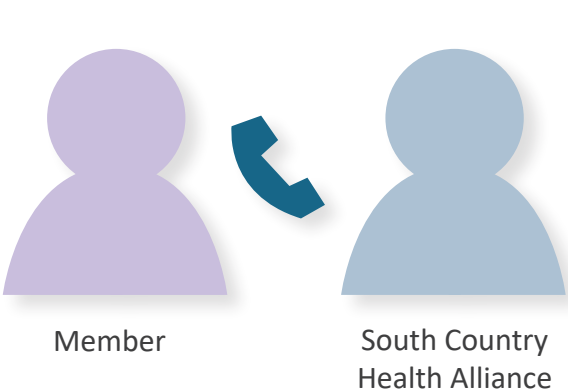
My Care Coordinator, Sarah, works in my county. She knows the best health care resources available in the community. Not only is she a phone call away, but sometimes she even meets me right in my own home.

Sarah works with me one-on-one to help me manage my health care services. When I have a question about my health care coverage or need help arranging appointments, I call Sarah.

Instead of speaking to a customer service representative at a large health plan, I can talk to someone local who I know and trust. Sarah helps me set personal health goals that can improve my overall health.



We have two SNBC programs if you are eligible for both Medical Assistance and Medicare:



AbilityCare

Our AbilityCare program combines your Medical Assistance *and* Medicare Parts A, B, and D benefits. Members only enroll in **ONE** plan and need **ONE** phone number for questions about Medical Assistance and Medicare coverage, prescription drug coverage, and other services.

SharedCare

Our SharedCare program covers your Medical Assistance, but not your Medicare Parts A, B, and D benefits.

You must enroll in other plans to get Medicare and Part D prescription drug coverage and use their customer service for questions about those benefits.

