

CHILD AND TEEN CHECKUPS (C&TC) NEW AGE-RELATED SCREENING STANDARDS

Minnesota Health Care Programs (MHCP) is adding and revising C&TC new age-related screening standards that take effect Oct. 1, 2026.

MHCP will add the following recommended risk assessment to the [Minnesota C&TC Schedule of Age-Related Screening Standards \(DHS-3379\) \(PDF\)](#) effective Oct. 1, 2026:

- Sudden cardiac arrest/sudden cardiac death (SCA/SCD) risk assessment at least once for youth age 11 years old until their 21st birthday.

MHCP will revise the following required components of the [Minnesota C&TC Schedule of Age-Related Screening Standards \(DHS-3379\) \(PDF\)](#) effective Oct. 1, 2026:

- The age range to provide at least one HIV screening for all youth will be extended until the youth's 21st birthday.
- The language on the front of the [Minnesota C&TC Schedule of Age-Related Screening Standards \(DHS-3379\) \(PDF\)](#) physical exam row will change from "Physical Exam: head to toe, including oral exam and sexual development" to "Physical Exam". We will add an accompanying footnote on the back of the schedule to state, "*Medicaid screening services include a comprehensive unclothed physical exam".

These changes are supported by practice recommendations from one or more of the following organizations:

- American Academy of Pediatrics Recommendations for Preventive Pediatric Health Care Bright Futures Periodicity Schedule
- U.S. Preventive Services Task Force
- Centers for Disease Control and Prevention
- Minnesota Department of Health (MDH)





Bulletin/Update

MDH will post a new SCA/SCD fact sheet and revised Physical Examination and HIV Screening fact sheets on the [MDH Child and Teen Checkups Fact Sheets](#) webpage July 1, 2026, to allow time for clinics to become familiar with procedures and update protocols before Oct. 1, 2026.

South Country Provider Contact Center

1-888-633-4055

Hours: 8 a.m. - 4:30 p.m.

The Provider Contact Center staff are available as your first point of contact to assist with the following.

Member benefit coverage

Authorization verification

Website questions

Claims billing and processing guidelines

Remittance adjustment code details and payment information

Provider web portal issues

Claim rejection guidance

General information

South Country wants to ensure providers are reimbursed for services provided to our members and following all billing guidelines. Our staff are committed to support and guide you in understanding all South Country processes and procedures. In addition, callers that utilize our Provider Contact Center are provided a reference number that identifies your call in our system. Please keep the reference number in your records to refer to if you have any additional questions or need to check the status of an open issue. The reference number will help the representative locate your issue quickly.